



Ammonoosuc Amble

Course Records and Year-by-Year Results

Category	Name and Time	Year	Category	Name and Time	Year	Category	Name and Time	Year	Category	Name and Time	Year
Male Runner	Nicholas Wheeler 26:16	2009	Female Runner	Megan Valentine 31:22	2010	Male Walker	Keith Rowlett 52:58	2001	Female Walker	Pam Thurston 52:01	1998

Annual Winners	1994	1995	1996	1997	1998	1999	2000	2001	2002
Male Runner	Mark Pitts 27:43	Chip Langmaid 28:06	Brian Crockett 31:15	Rich Smith 28:28	Charlie Gunn 28:58	Len Hall 28:48	David Herr 28:59	Chip Langmaid 29:18	David Herr 28:09
Female Runner	Suzan Ballmer 32:34	Johanne De Boer 32:29	Johanne De Boer 34:14	Johanne De Boer 34:50	Cathy Allen 31:37	Suzan Ballmer 33:49	Kelsey Allen 34:51	Joselle Germano 34:24	Kelsey Allen 33:49
Male Walker	Louis Babin 1:00:35	Ron Fedele 56:50	Michael Hoffer 54:39	Michael Hoffer 56:18	Michael Hoffer 55:46	Michael Hoffer 57:24	Michael Hoffer 56:56	Keith Rowlett 52:58	John Renda 53:12
Female Walker	Pam Thurston 56:38	Pam Thurston 56:38	Jean McKenna 53:58	Jean McKenna 55:28	Pam Thurston 52:01	Sue Kenn 57:38	Jean McKenna 54:25	Cheri Manning 54:59	Barb Renda 56:10

Annual Winners	2003	2004	2005	2006	2007	2008 *	2009	2010	2011
Male Runner	Thorin Markison 27:05	Chris Brannon 27:30	McKeu deVitt 28:45	Lou Bregou 28:32	Kyle Powers 28:32	Kyle Powers 27:53	Nicholas Wheeler 26:16	Hayden Bunnell 29:01	Kyle Powers 28:01
Female Runner	Susan Dunklee 32:54	Susan Dunklee 33:07	Megan Valentine 32:58	Megan Valentine 32:58	Megan Valentine 34:34	Kelsey Allen 32:22	Leanne Bernier 33:01	Megan Valentine 31:22	Megan Valentine 34:50
Male Walker	Keith Rowlett 54:09	Roy Gero 57:20	Roy Gero 59:50	Daniel Dodson 58:57	David Kymalainen 59:03	Chris Luck 56:28	Stephen Dowling 57:34	Marshall Doughty 56:00	Noel Gonzalez 57:40
Female Walker	Jean McKenna 56:08	Jean McKenna 56:03	Jean McKenna 57:26	Deb Stiles 58:27	Barb Renda 57:16	Deb Stiles 1:00:09	Meg Bawtinheimer 59:14	Annette Norman 55:13	Aimee Houghton 54:39

Annual Winners	2012	2013	2014	2015	2016	2017	2018	2019	2020
Male Runner	Kyle Powers 29:40	Brent Trail 30:49	Kyle Powers 30:29	Brent Trail 0:30:01	Hayden Bunnell 26:48	Anthony Pifari 29:04			
Female Runner	Jaime Schmidt 34:55	Quinn Bornstein 33:20	Leslie Beckwith 33:20	Leslie O'Dell 0:31:33	Leslie O'Dell 32:49	Katharine Boivin 35:31			
Male Walker	David Kymalainen 55:04	Steven Bean 57:27	David Kymalainen 55:54	Christopher Luck 0:59:12	Willie Stevens 56:07	Christopher Luck 59:43			
Female Walker	Aimee Houghton 54:00	Aimee Houghton 54:09	Elizabeth Egan 58:37	Pam Palmer 0:58:35	Aimee Houghton 54:56	Meg Bawtinheimer 58:40			

* Course Not USA Track & Field Certified Beginning in 2008